Duwamish

Bus #48

Mossy backroads

Camino sobre hojas caídas



Squak Slough

Təqwu?bə?

Poetry connects people and places using images, sounds, and patterns in words. Use the prompts provided on this brochure to guide your writing as you move through the path of noticing by observing all of the connections and relationships you notice between yourself and the ecosystem you are moving through. Every location offers a different perspective for your poetic inspiration. Remember all land is land, from the mountain trail to the urban sidewalk. Any path can become a poem.

Get inspired to write. Everyone can be a poet.

Looking to the Land for Beginnings

Creative inspiration is present in every moment, and the land is a wonderful teacher. Take a moment to begin your poem by moving through the space you are in and making a note of what you see, feel, hear, smell, and observe.

Where are you on the land?

What senses are you perceiving the world around you with right now?

V	Write your poem.							

The Path Becomes a Poem

Next, start thinking about how you engage with the land emotionally, socially, and physically.

How did you come to land in this space today?

Where are you hoping to go?

What is the story of your time in this space?

What makes today memorable?

Write your po	em.
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Connecting to the **Ecosystem**

Trails and paths are defined by direction and movement. Each space of travel holds many stories, histories, and possibilities. Wherever you are today, you are in a territory of shared biodiversity, shelter, and potential. Expand your poem with the following prompts:

What plants and animals do you notice on the trail or path?

What do you notice about your physical senses?

Can you feel your muscles, your breathing, or your perceptions change as you move over the land?

Ending in the Place of Vision

Often, a trail or path rewards us with a beautiful view, a sense of accomplishment and peace, or even a feeling of connectedness and perspective. Conclude your poem with a reflection on what you have learned or seen on the land today. Feel free to print or write your poem out and add any images or edits that come to mind.

What do you feel in this space of summit, arrival, or perspective?

What do you see?

Write your poem.

Has your time in this space changed your	
perspective?	

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